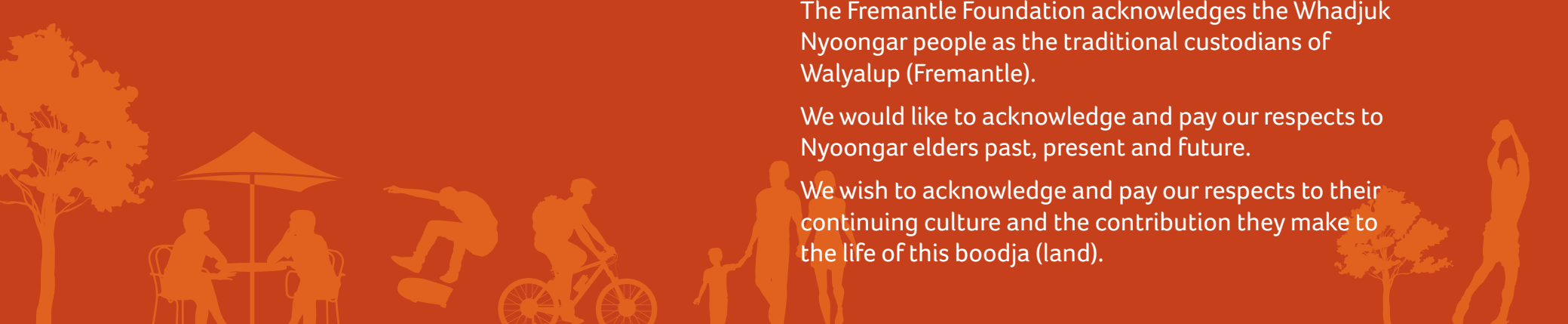


Taking the pulse of our community

The Fremantle Foundation acknowledges the Whadjuk Nyoongar people as the traditional custodians of Walyalup (Fremantle).

We would like to acknowledge and pay our respects to Nyoongar elders past, present and future.

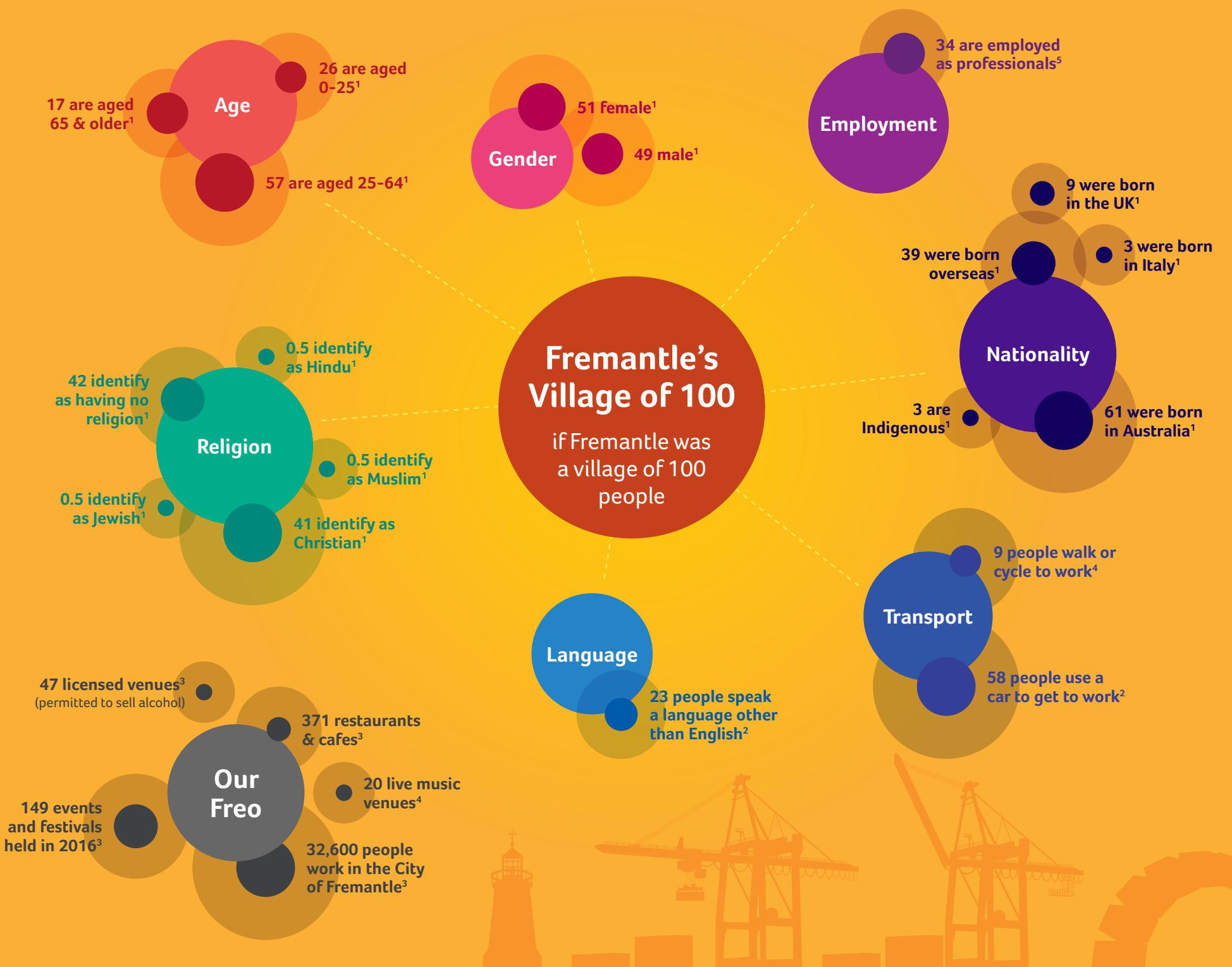
We wish to acknowledge and pay our respects to their continuing culture and the contribution they make to the life of this boodja (land).



Introducing Fremantle's Vital Signs

In a first for our community, we take a snapshot of Fremantle's vital statistics including the Gap Between Rich & Poor, Health, Learning and Belonging.

Welcome to Fremantle's Vital Signs.



Source: 1. ABS Census 2015; 2. ABS Census 2011; 3. WA Department of Commerce; 4. City of Fremantle One Planet Report; 5. ID Fremantle; 6. City of Fremantle.

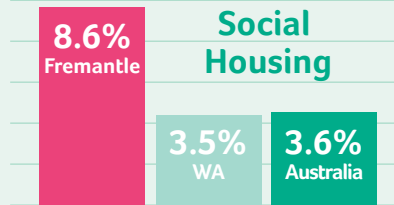


GAP BETWEEN RICH AND POOR

A large gap can lead to social problems and a less diverse community. It can also reduce our overall wellbeing if it means we are not using the skills and capabilities of all our citizens.

Housing diversity and housing stress remain key issues in Fremantle.

HOUSING AFFORDABILITY IN FREMANTLE



Social housing is provided by government agencies or non-profit organisations for people on low incomes or with particular needs.⁹⁻¹⁰



AIHW defines housing stress as spending more than 30% of gross household income on housing costs.

'Rental stress' describes households at risk of experiencing difficulty meeting their rental costs. (ABS)

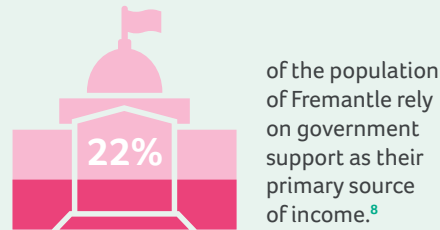


WORKING FULL TIME

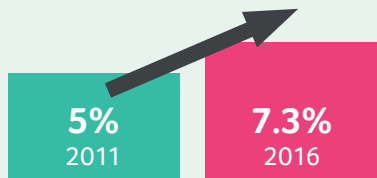
In 2016 females earned 27% less than males.¹²



GOVERNMENT SUPPORT



UNEMPLOYMENT RATE ⁹



CRISIS ACCOMMODATION



Source: 7. Public Health Information Development Unit 2011; 8. Public Health Information Development Unit 2014; 9. ABS Census 2016; 10. Govt of Western Australia: Housing Affordability 2016; 11. ID Fremantle; 12. ABS Employee Earnings and Hours, Australia, May 2016; 13. St. Patricks Community Support Centre 2017.

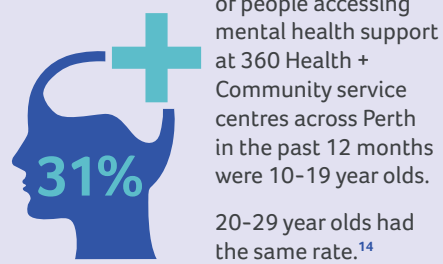


HEALTH

Community vitality is created through supporting positive lifestyle choices alongside the availability of health services.

Our mental health and the dire health effects on people experiencing homelessness are important issues highlighted in the data.

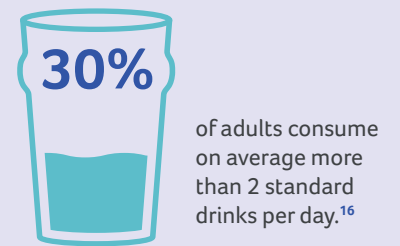
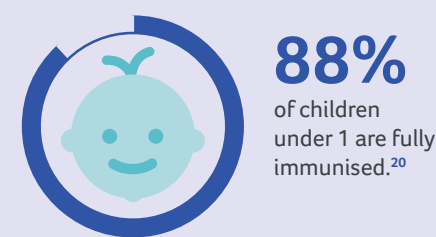
YOUNG ADULT MENTAL HEALTH



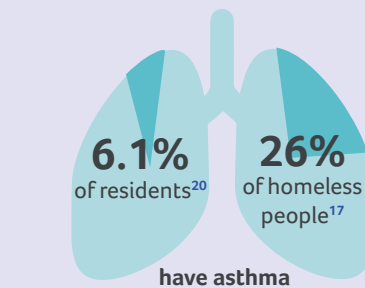
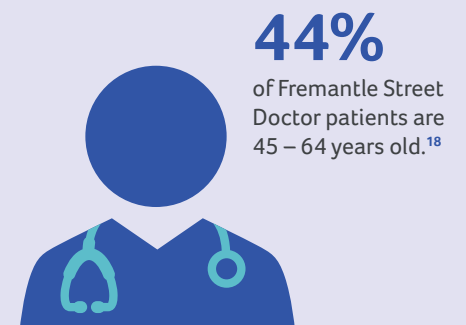
MENTAL HEALTH



PREVENTABLE HEALTH RISKS



HOMELESSNESS AND HEALTH



DISABILITIES AND AGING



Source: 14. Depression in Perth Report - 360 Health and Community; 15. Public Health Information Development Unit 2014-15; 16. Public Health Information Development Unit 2011-12; 17. St Patrick's Community Support Centre - Fremantle Registry Week 2016; 18. Fremantle Street Doctor; 19. Public Health Information Development Unit 2014-15; 20. Population Health Needs Assessment Perth South PHN WA Primary Health Alliance November 2011.



CLOSING THE GAP BETWEEN RICH AND POOR

Not long ago Jess was living in a social housing facility with over 190 other people. She was unemployed and separated from her children.

Then she started attending weekly cooking classes run by Sophie Budd at 100 Hampton Rd, a facility that was transformed in 2015 with a \$100,000 grant from Fremantle Foundation's Impact100 Fremantle initiative.

Today Jess lives in her own home with her kids. Working with Sophie has given Jess the skills and motivation to break the poverty cycle.

100 Hampton Road Kitchen Story
Fremantle Foundation



MANNING UP - CREATING OPPORTUNITY OUT OF TRAGEDY

After Claire Eardley's son Kai took his own life in 2016 his family were determined to honour Kai's memory.

They embarked on a mission to create positive change for the mental health of young people.

They have set up the Kai Eardley Fund with the Fremantle Foundation to support workshops that break down the often dangerous and harmful ideas of masculinity and provide young West Aussies blokes a road to positive mental health.

Kai Eardley Fund/Man Up
Fremantle Foundation

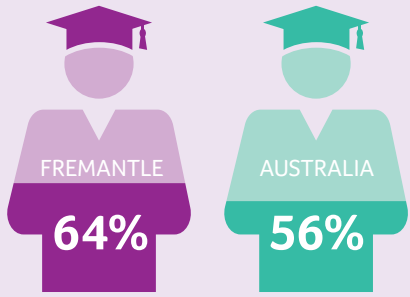


LEARNING

Successful communities offer residents abundant, affordable and flexible opportunities to learn.

Most schools in the Fremantle area are doing well, but some need additional resources to help their students thrive.

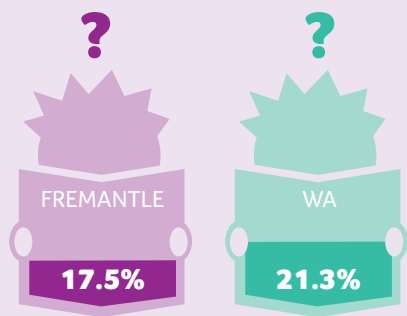
LEVEL OF EDUCATION



Percentage of population who have a post-secondary school qualification.²¹



There are 2 tertiary education institutions, 3 secondary schools and 12 primary schools in Fremantle.²²



17.5% of children entering primary school have vulnerabilities in one or more domains of school readiness compared to 21.3% of children across WA.²²

Index of Community Socio-Educational Advantage (ICSEA) is an indicator of the level of educational advantage of students who go to this school. An average score is 1000.

Attendance level is the proportion of students who attend at least 90% of the time.



Primary Schools in the City of Fremantle ²²



ICSEA
All 12 have above average scores.



Attendance
4 schools are experiencing concerning attendance levels for more than 20% of their students.



High Schools in the City of Fremantle ²²



ICSEA
2 of the 3 have above average scores.



Attendance
2 schools are above state average.
1 school is below state average.

Source: ²¹. ABS Census 2011; ²². My School 2016.



BELONGING

Belonging is important for a vibrant and healthy community. A feeling of belonging can assist individuals in leading a healthy and rewarding life with a strong sense of agency.

In Fremantle we pride ourselves on a strong community spirit, but who is missing out?

COMMUNITY INVOLVEMENT - VOLUNTEERING

In 2010 and 2011

19%

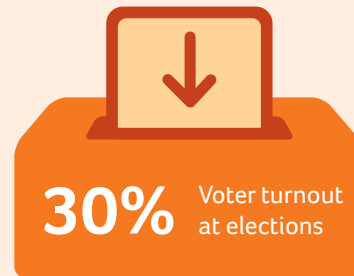
of Fremantle people volunteered.²³



There are 57 community organisations registered as charities in Fremantle.²⁴

17% of WA people volunteered.

VOTER TURN OUT



At the last Fremantle Local Government Ordinary Election the average voter turnout dropped from 37.12% (2013) to 30.30% (2015).²⁵

CONNECTIONS THROUGH SOCIAL MEDIA

Members of *Freo Massive* Facebook group.²⁶



IT TAKES A VILLAGE



1,905 people provided unpaid care for children other than their own.²⁹

COMMUNITY GARDENS

There are 5 community gardens in Fremantle.²⁷



YOUTH SPACE VISITS

The Fremantle PCYC centre has nearly 5,000 visits per month to Youth Space.²⁸



Source: ²³. ABS Census 2016; ²⁴. ACNC 2017; ²⁵. WA Electoral Commission; ²⁶. Freo Massive Facebook; ²⁷. WA Dept. of Commerce; ²⁸. PCYC Annual Report 2015; ²⁹. ABS Census 2011.



LESSONS LEARNED AFTER SCHOOL

One local school in the greater Fremantle area, Caralee Community School, is increasing school attendance and driving academic performance through a Homework Club.

The Club offers attendees one on one tutoring and supervised access to the library's resources where students complete homework and assignments.

Ongoing funding from donors of the Fremantle Foundation helps to ensure this positive approach to a challenging issue will remain in place for the foreseeable future.

Homework Club
Fremantle Foundation



NIGHT HOOPS - SCORING GOALS IN SOCIAL COHESION

For over three years Night Hoops has run regular six-week basketball tournaments on Saturday nights in the greater Fremantle area. These tournaments open the way to wider lessons in belonging and participation.

The locked-door events combine basketball games with compulsory life skills workshops and a healthy meal for all participants.

Through a major grant of \$100,000 from the Fremantle Foundation's Impact100 Fremantle initiative, Night Hoops will run their tournaments throughout 2017 and 2018.

Night Hoops
Fremantle Foundation

How to use this report?

We have a lot to be proud of in Freo and we are brave enough to address the big issues.

Use this report as a conversation starter with friends, family and work colleagues.

Ask the questions:

What issues do you care about?

What data surprises you?

How can you get involved to make a difference?

What happens next?

This is an important starting point. We invite you to join us to think about how Fremantle's Vital Signs can support your efforts to strengthen our community.

With future Fremantle's Vital Signs reports we can all track our progress.

About the Fremantle Foundation

The Fremantle Foundation offers easy and satisfying ways for individuals, families and businesses to give something of real value back to the community that they care about.

Founded in 2010, the Fremantle Foundation has grown rapidly to become WA's premier community foundation. Our donors have distributed \$1.12 million and supported 45 community projects.

Acknowledgement

Vital Signs is a community checkup tool conducted by community foundations around the world that measures the vitality of our communities and identifies significant trends in a range of areas critical to quality of life.

Our special thanks go to the Toronto Foundation for developing and sharing the Vital Signs concept. Australian Community Philanthropy manages Vital Signs in Australia.

The Vital Signs Trademark is used with permission from Community Foundations of Canada.

We have endeavoured to include the most up-to-date data available. We look forward to updating Fremantle's Vital Signs as new data becomes available.

For a full list of sources visit fremantlefoundation.com/vitalsigns

Ways you can get involved



1 Join the effort to improve Fremantle's Vital Signs and sign up for updates about events, activities and future research.
fremantlefoundation.com/vitalsigns

2 Consider volunteering with an organisation in your community which is seeking to make a difference on an issue that's important to you.



3 Make a donation to the Fremantle Foundation's Vital Fund to join with others who care about their community.

4 Start your Own Fund with the Fremantle Foundation to make an impact on the issues you care about.



To get involved go to fremantlefoundation.com/vitalsigns

Local connects to global Sustainable Development Goals

Fremantle's Vital Signs takes a very local look at our world but links into a global network which is working together to promote sustainable development using local knowledge, collaborative partnerships, multilevel governance and scientific research.

The United Nations has adopted 17 Sustainable Development Goals. This year's Fremantle's Vital Signs report is relevant to the seven goals shown opposite.



Special thanks to project partners



Contact

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